

## Colin Neighbourhood Partnership

# COLIN NEWS

ISSUE 3 DECEMBER 2006



Official Launch of  
Colin Celebration of Life Garden

# WELCOME



As the new manager of the Colin Neighbourhood Partnership I would like to welcome you to the third edition of the Colin News.

Firstly I would like to tell you a little bit about what the Colin Neighbourhood Partnership does, my background, and my role as Partnership Manager.

The Colin Neighbourhood Partnership is funded to deliver the Department of Social Developments Neighbourhood Renewal Strategy in the Colin Area of West Belfast. The Colin Neighbourhood consists of a series of local neighbourhoods on the outskirts of greater West Belfast and within the Lisburn City Council local government boundaries. The area consists of Twinbrook, Poleglass, Kilwee, and Lagmore. The Colin Neighbourhood Partnership aims to improve the everyday lives of the Colin Community.

I was recently employed as the new Neighbourhood Renewal Manager to help push this major project forward.

I have lived in Twinbrook since 1974, and have been involved in Community activity and community development in the Colin area since 1981, all mainly on a voluntary basis. I am also responsible for setting up many community organisations including the Colin Community Forum, Colin Community Restorative Justice, Colin Health for All Group, and more recently Cumann na Faiseoige G.A.A.

I served as a Sinn Féin Councillor on Lisburn Borough Council from 1993-1997 representing the Dunmurry Cross Ward.

My role as Neighbourhood Manager involves taking ownership of the implementation phase of the strategy. My primary aim will be to develop and implement an agreed action plan that will develop the Colin Neighbourhood with the aim of making the area a supportive environment where families feel safe, where people are happy to live, shop, work and study, and where achievements are celebrated.

While I will help to secure sustainable funding from a variety of sources, I will also focus on current expenditure plans of Statutory Agencies and Government Departments, ensuring that these fully reflect the priorities and needs of the local community and deliver maximum long-term benefits to have the impact that this community clearly needs.

The Partnership has also recently employed a community development team consisting of five workers focusing on community safety, arts and culture, family development, youth and education. It is intended that these appointments will have a major impact and the Partnership is working hard to ensure that they have the maximum effect on the community.

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# COLIN COMMUNITY DEVELOPMENT TEAM



L - R Annette Mc Cann (Families), Gemma Burns (Youth), Michael George (Community Safety), John Paul Russel (Arts and Culture), Umberto Scappitici (Youth)

The Colin Neighbourhood Partnership recently recruited a Community Development Team for the Colin Area. Annette McCann, Michael George, John Paul Russell, Umberto Scappaticci, and Gemma Burns will address a number of themes throughout the entire area including Family Development, Community Safety, Arts and Culture, Education and Youth. The Colin Community Development Team are addressing the priorities identified in the Colin Strategy and will work closely with the Colin Neighbourhood Partnership's working sub-groups.

Four of the Community Development posts are being funded by Belfast Regeneration Office under the Neighbourhood Renewal programme and one by NIHE.

As an active member of Colin Safer Neighbourhoods Project, Michael is well aware of community safety issues in the area. "Car crime, underage drinking and street drinking are the big problems in the area. I will be consulting with those who have the main responsibilities regarding community safety to establish a long term strategy to tackle these issues".

Arts and Cultural Officer John Paul Russell is in the process of setting up a Colin Arts and Cultural Committee and urges anyone who is interested or who has any ideas relating to his remit to contact him.

"It is my job to promote creativity in the area through cultural activities. We are trying to move away from the blue bag culture by providing more options for people of this area. I welcome any suggestions and any involvement that local people may have."

Bringing families together is key to Family Development Worker Annette McCann's new role.

"It is my job to work with the many family associated groups in the area, for example; Footprints, Colin Surestart, and Cara House to see how such projects can be developed and work to their maximum potential. We have recently completed National Parent's Week which was a huge success as we made contact with over 1181 parents and children during this week. I am very optimistic that throughout the year I will be able to reach many more families through various projects that myself and the team are running".

Umberto Scappaticci and Gemma Burns will be focusing on Youth and Education in the area.

Gemma is working with schools to develop extra-curriculum programmes focusing on dental health and environmental issues. She is also working with the Youth Strategy Group coordinating a Youth Strategy Day held on the 28th November. Gemma and Scap are both working with youth groups to identify needs and address issues, and are continuously sourcing new opportunities for young people.

Umberto (Scap) has worked in the youth sector in Colin for 16 years and therefore has a wide range of knowledge of what is happening in the community and what needs to be done.

"Myself and John Paul have recently completed the underpass project next to the St Luke's Celebration of Life Garden and I am currently working with Kevin Madden, Sports Development Officer for Lisburn City Council to develop a Colin Sports Association".

**The Colin Neighbourhood Partnership Community Development Team is eager to hear from members of the community with any ideas, interests or concerns relating to the above issues. The team are located in the CNP offices at the Dairy Farm Centre and can be contacted on 02890 623813.**

# ST LUKE'S CELEBRATION OF LIFE GARDEN

The Official Launch of the St Luke's Celebration Garden took place on the 6<sup>th</sup> November at 11 am in the grounds of St Luke's Church in Twinbrook. The Colin Neighbourhood Partnership secured funding for this project from Belfast Regeneration Office and the Common Ground Consortium.

"The narrative within the garden focuses on a life size bronze sculpture of a young contemporary St. Luke. Luke was a doctor and a follower of Christ, as 'the beloved physician' and healer, Luke was a champion of the outsider. The key symbol of the St Luke's sculpture will be the garment he wears known as "the coat of hearts" which will reaffirm the connection of young lives broken and lost within the community. A coat of compassion, "to wear hope" before a new generation, to help foster and discover meaning through loss and pain", explained Ross Wilson, the artist who designed the sculpture.

Fr. John Murray, parish priest of St. Luke's parish, Twinbrook stated,

"I wish to thank Colin Neighbourhood Partnership for their hard work in realising this project. I sincerely hope that the garden will be part of the healing process for families who have suffered the loss of loved ones in recent years".

Martin McDermott, Deputy Director of Belfast Regeneration Office explained;

"This project will provide a focal point for the Colin Area, tThe Belfast Regeneration Office is pleased to have supported this community space for celebration, reflection and renewal; it is an excellent example of statutory and community sector partnership to improve the local environment and image of communities, making them more attractive places to live and work in and also underpins the value of people and place".

Roberta Taylor, Programme Manager, Creating Common Ground Consortium said:

"This is a flag ship project for Glasvey. The Consortium is delighted to have contributed to the Celebration of Life Garden and been part of the process of the environmental regeneration of Glasvey".

"It is hoped that the garden will help to console the families and loved ones who have experienced loss, and show that their beloved have not been forgotten by the community and their peers. It will also celebrate the lives of these people and provide a place that their families can visit to remember those that they have lost", explained Ciaran Sheehan, Chairman of the Colin Neighbourhood Partnership.

"I am delighted to have been involved in this project from its inception through our Glasvey Common Ground Consortium Scheme", stated local Housing Executive District Manager, Danny Cochrane. "In years to come, when all the other improvements carried out under this scheme will be long forgotten, this enduring and poignant Celebration Garden will remind the new generation of the young lives lost within the Colin Community".

Patricia Lewsley, Environment subgroup of Lisburn City Council, who will be maintaining the garden stated,



"Young people from the area helped to create the garden meaning that they have a real ownership of the project. This garden is reflective of the community spirit in wanting to celebrate the lives of the young people who this project represents".

The Colin Neighbourhood Partnership would like to thank all parties involved in ensuring the completion of this garden as it has great meaning for the community. They would especially like to thank the families who made this project possible.

*(Picture; Peter McDonald, Groundwork and local children planting flowers in the garden)*



*St Luke Statue*

## TWINBROOK UNDERPASS



In conjunction with the opening of the St. Lukes Celebration of Life Garden the nearby underpass was refurbished. The idea was to carry the theme of the garden over to the underpass by repainting it, and getting children from the local schools to provide wooden hearts which they would decorate

The young people from St Colm's School technology department cut out the hearts from thick wood in preparation for children from St Marks, St. Lukes and Scoil na Fuiseoige to paint and decorate them. The art department in St. Colm's also helped the young people to design two portraits of St. Luke's head to place on each end of the underpass.

Young people from the area helped to strip down the walls of the underpass, paint it and place the hearts around the underpass.

The Colin Neighbourhood Partnership would like to thank the staff and pupils of St. Colm's, St Luke's, St Marks, and Scoil na Fuiseoige for all of their help and time in preparing the hearts and portraits. We would also like to thank Belfast Community Housing Association, Groundwork and M.J Shaw for providing the materials necessary to complete this project. And finally the young people who gave up their weekend to prepare and paint the underpass.

This project centres around young people having ownership of the underpass as they were involved in its refurbishment from start to finish.

## Michael Ferguson 1953 - 2006 Board Member and Friend



It was with deep sadness and regret that we learned of the sudden death of our esteemed colleague and friend Michael Ferguson MLA in September this year. Michael will be sadly missed by all in the Colin Community; we in the Colin Neighbourhood Partnership have lost a very committed, determined and hard working member of our Board.

Michael was a real champion for the community in Colin, he was involved in helping to establish many local community organisations and supported and assisted many more.

His determination to ensure that issues affecting our community were firmly high on the agenda of Statutory Agencies and Government Departments resulted in many initiatives like the Colin Neighbourhood Partnership being established to address the needs of local people.

We take this opportunity to offer our condolences to Michael's wife Louise, her young family and Sinn Fein, and assure them that we will never forget Michael's contribution to our Partnership and the local community.

# OFFICIAL LAUNCH OF COLIN CARE



**L - R, Back Row - Mandy O'Neill, Grainne Kennedy, Lorraine McCabe, John Compton DLT, Phyllis McQuillan**

The Colin Neighbourhood Partnership proudly launched its first Social Economy Project, Colin Care on 30<sup>th</sup> August 2006. Colin Care is a new not-for-profit company which provides domiciliary care for elderly and vulnerable members of the local community.

One year ago research showed that there were hundreds of people who needed personal care and were denied it. Colin Care aimed to provide first class care to those in need provided by local people. The company provided new employment in the Colin Area by investing in local people who would in turn invest any profits made into the Colin community.

Phyllis McQuillan was employed as the co-ordinator of the company and she has in turn employed a further 16 staff including both male and female. "It important to have male and female members of staff to make our clients feel as comfortable as possible", explained Phyllis.

Colin Care should be employing more than 30 new staff creating £500k in new local salaries. The new company can provide high quality local health care, sustainable over the long term with Trust support.

Phyllis McQuillan, Co-ordinator of Colin Care explained, "My first year with Colin Care has been thoroughly enjoyable and a huge challenge. We have recently been approved for inclusion on the EHSSB Approved List For The Provision Of Domiciliary Care which allows us to take on more care packages. We currently deliver services in Colin, Dunmurry, and Derriaghy and are expanding to cover Belfast and Lisburn. I am looking forward to the further challenges involved in expanding Colin Care and making a success of the business".

Annie Armstrong, Neighbourhood Manager had a leading role in establishing the new care company. She commented,

"I am extremely proud to have been involved with this project. I would like to congratulate the dedicated and caring staff of Colin Care for making the task of developing this project a lot easier than first envisaged and because of this dedication and commitment I am convinced that this company will go from strength to strength and continue to deliver the first class domiciliary service that the older members of our community deserve".

## COLIN CARE 'BUDDIES' TRAINING

Lorraine McCabe (Colin Care) has just completed a Certificate in Mentoring at NVQ level 3. The training was facilitated by the Employers' Forum based in the Millennium Community Outreach Centre, Springfield Road. The training will help Lorraine mentor new employees of Colin Care and the goal is to enhance the quality of service offer to clients.

Jim McCurdy, who provided the training on behalf of the Employers' Forum was delighted with Lorraine's success. The actual training was done in Colin Care's premises and one of the mentoring observations was carried out in a client's home. Lorraine completed her training to a very high standard.



# SUMMER FESTIVAL

## COLIN FESTIVAL



### **Picture: local children at fun day**

The Colin Community Festival committee held a week long series of events to celebrate the Feile beginning on the 7<sup>th</sup> August. Events were held for all age groups and all sections of the community.

The week consisted of various activities including;

- A senior citizens tea dance in Sally Gardens Community Centre in Poleglass
- On Wednesday 9<sup>th</sup> August a Colin Games Day was held in the Brook Activity Centre. The day also consisted of a BBQ, bouncy castles and face painting.
- A family health day was held in Lagmore for parents and children to receive information on healthy living and how to deal with tough parenting issues.
- An information day was held in the Dairy Farm on the 11<sup>th</sup> August to give local residents the opportunity to find out what services are available to them and how to maximise these services. Bouncy castles were also available on the day to entertain the young people as their parents viewed the information stalls

Arts and Cultural officer John Paul Russell said

“The programme of activities throughout the festival week was a huge success and was made possible by the efforts and commitments of not only the Partnership staff but people giving up the time to provide something positive for the area”.

## SPORTS ASSOCIATION

Umberto Scappaticci (Scap), and Kevin Madden, Lisburn City Council have recently set up a Colin Sports Association.

The Colin Sports Association will be open to all sports clubs in the Colin Area and will be an umbrella organisation to develop a Colin Sports Strategy, maximize the funding opportunities for all sports clubs in the Colin Neighbourhood, assist in coordinating the various sports programmes, help with coach education programmes, and assist clubs to achieve junior ClubMark Awards.

The association will also be a vehicle to improve communication and share information. It is also an opportunity to assist in the development of sports facilities and carry out a needs analysis and identify gaps in sporting provision in the area. The inaugural meeting will take place on Monday 22nd January at 7.30pm in Brook Activity Centre. All Welcome.

## COLIN FESTIVAL OF SPORT

The Colin Neighbourhood Partnership and Lisburn City Council ran a week of structured sporting events from Monday 14<sup>th</sup> – Friday 18<sup>th</sup> August at Brook Activity Centre. This week of activities catered for boys and girls from the Colin Area aged 8 – 13 years old.

Each day had a different sporting theme to give the participants a chance to learn a range of sports including Soccer, Gaelic Football, Camogie, Hurling, Basketball and Tag Rugby.

On the last day of the festival medals were given out to each winning team by the guest celebrity sporting star, Antrim Hurler Brian McFall, who also brought along the Christy Ring Cup. Free T-Shirts were also given out to all participants along with other promotional materials. A BBQ and a fun day followed the award ceremony with Bouncy Castles, Bungy Runs, Sumo Suits and Face Painting.

Kevin Madden, Lisburn City Council Sporting Officer explained,

“In this the first year of the Colin Festival of Sport, I was truly delighted with the large turn out of kids each day. It was encouraging to see children from different parts of the Colin Area working together and showing their enthusiasm for sport”.

# PARENTS WEEK AND HALLOWEEN

Colin Health for All, Sub-Group of the Colin Neighbourhood Partnership, organised a week-long series of events to coincide with the seventh annual Parents Week from 23<sup>rd</sup> to 31<sup>st</sup> October.

Annette McCann who led the project explained that half of the population of the Colin Area are under the age of 25 and the area also has a high percentage of single and teen parents. She explained that Parent's Week is about bringing families together which was done this year through fun activities outlined below.

A 'Cook it' programme was held on 23<sup>rd</sup>, 24<sup>th</sup>, and 25<sup>th</sup>. The three locations are spread throughout the area; Poleglass Youth Centre, Cara House, and Christ the Redeemer Church Hall. This event allowed parents and children to enjoying experimenting with food with a Halloween theme.

A Fun day for 0-4 year olds was held in Christ the Redeemer Church Hall on Thursday 26<sup>th</sup> for parents and children to enjoy face painting, cake decorating, mask making, story telling, photo key rings and a warm lunch.

That night an Open Forum Theatre was held in the Dairy Farm. A hard hitting drama, Remote Control was based on parents of teenagers from the Colin area, their life experiences and issues they face on a daily basis. The drama was audience participative and was a huge success.

On Friday 27<sup>th</sup> Armagh Planetarium's Stardome came to the Sally Gardens Centre. The Stardome offered parents and children a unique and exciting way to learn about their place in the universe and the possibilities of space travel. Nursery and primary schools from the area were invited to attend this event along with their parents and teachers. After the experience of space and galaxies, the families put their artistic talent to use and had fun making badges, T-shirt printing and other IT activities in the Bytes Project.

On Monday 30<sup>th</sup> the Green Machine Environmental Bus came along to the Dairy Farm to allow families to get involved with an environmental art workshop, making bird boxes or window boxes for their houses.

An array of art workshops with a Halloween theme were also held throughout the Colin area in local youth and community centres to make the lanterns for the Halloween parade.

Parent's Week was a huge success with a total of 1181 participants throughout the week. A lot of contacts were also made during this week from parents who are interested in participating in future events. We would like to thank Surestart, Sally Gardens Community Centre, Lidl and Investing for Health for making these events possible through funding and donations.

## HALLOWEEN



On Halloween night a Family Fancy Dress Halloween Lantern Parade left from the entrance of Twinbrook on the Stewartstown Road and travelled to the Dairy Farm Centre where the children had access to a spooky cave meeting ghosts and ghouls along the way! Youth Initiatives also supplied apple dunking for the families. Over 300 participants took part. John Paul Russell, Arts and Cultural worker explained ' "There was a huge turn out and the children looked fantastic in fancy dress. We are looking forward to making next year even bigger and better". We would like to thank the proprietors of the Colin Centre, Pat Walsh and John McIlhome, for their generous donation towards the Halloween Grotto.



## WHAT THEY DONT TELL YOU ON THE TIN



L-R Dr Callender, local children and Ed Sipler  
DLT

On Monday 6<sup>th</sup> November the CNP presented a special event with information and a presentation on the effects of alcohol on the mental and physical body in St. Colm's High School, Twinbrook.

Ed Siphler spoke about the comparisons between alcohol and ether, an anaesthetic used during operations. This is extremely dangerous as excessive amounts of alcohol may cause the bodies vital organs to shut down.

Chris Boyd, a recovering alcoholic gave an eye opening talk on his personal battle with alcohol addiction. He dismissed the myth that all alcoholics live on the streets as he had a job, a house, a wife and children from whom he managed to keep his problem a secret from.

Dr. Michael Callender explained the medical effects that alcohol abuse can have on the liver and other vital organs in the body. It was revealed that in 1993 there were 90 deaths in Northern Ireland due to liver disease and in 2003 the figure rose to 190. This is worrying as more young people drink alcohol. These figures are expected to rise in the future.

The night was very informative and opened everyone's eyes to the consequences of irresponsible drinking. Alcohol can be sociable if taken in the proper quantities, 14 units for women and 21 units for men, each week. This doesn't mean that these units can be taken all at once as binge

## PARENTS IN THE COLIN AREA DEAL WITH 'TOUGH ISSUES'

Colin Neighbourhood Partnership organised training for parents on "Tough Issues". Local parents participate in the Tough Issues training over a period of three weeks.

Tough Issues training aims at helping parents and carers gain the skills to shape their children's attitudes to a range of risks including alcohol and other drugs, talking about difficult issues and protective factors. Carol Brennan, Margaret Scott, Kathy Lennon, Anne Marie Fabb, Catherine Fox and Geraldine Morgan all finished the training and found it to be easy and realistic in terms of putting into practice some of the advice and skills gained during the course.

Other tough issues training will be available throughout the Colin area for information on dates and times contact Annette Mc Cann.



## NEW PLAY PARK FOR LAGMORE

Since the entire Lagmore estate (comprising of 1800 homes and with a population in excess of 7000 people) has been developed completely devoid of any play space area for children, the provision of such facilities has for a long time been a predominant local community concern. The only public spaces available in which small children may play are the streets and some undeveloped and unsecured areas adjacent to main commuter roads throughout the estate.

The committee of LCDP sought to make provision for outdoor play opportunities in a secure environment for young children. This was made possible by DSD funding.

The facility includes a surface comprised of a soft polyurethane texture which provides a safe area for small children to play.



Adjacent is a tar-macadamed surface which is suitable for games, bikes, pedal cars etc. The equipment includes several slides, climbing frame, ladders, swings, a noughts and crosses game and a see-saw.

In addition, there is specialist educational equipment which engages children to discover cause and effect and to experiment with sound. There are two talk tubes, a wind chime and various panels that encourage the development of writing skills.

## HOME SECURITY SCHEMES



Funding has been accessed by the Colin Neighbourhood Partnership from Investing for Health to provide elderly and vulnerable members of the Colin community with home security devices.

Mobile personal alarms, brass security latches, alarmed door stops and various other security items have been given out.

Michael George, Community Safety Officer for Colin Neighbourhood Partnership explained,

“Given the rise in burglaries throughout the Colin area it helps that these items can be given to our elderly and vulnerable members of the community free of charge, especially at this time of year”.

## Colin Christmas Tree Switch On

On the 31st November the Colin Christmas Tree lights were switched on in the Dairy Farm Centre.

Johnny Hero, Gary Dee and Down Town Radio were present at the event keeping the crowd entertained before leading everyone outside for the official switch on. Once this was completed everyone returned to the Centre for more entertainment and prizes.

This was a fun filled family night where children got a surprise visit from Santa and were delighted to receive a selection box each.

The night was a huge success with the Colin Neighbourhood Partnership looking forward to making next year even bigger and better.

## Tracking Achievements

The Colin Family Focus Group of the Colin Neighbourhood Partnership is launching a campaign to track past pupils of all ages of the Colin area who have achieved highly throughout their life so that they can act as a role model to the community.

Annie Armstrong from Colin Neighbourhood Partnership explained,

“This tracking exercise of local achievements will not just be academic but across all fields. To give a few examples, we wish to highlight the high numbers of people from this community who are now Teachers, Psychologists, Nurses, Doctors, Solicitors, young people who are playing Soccer, GAA and other sports for Senior Teams and Counties, and those local people who have set up their own successful businesses etc. By tracking and publicising local achievements we hope to raise self esteem and morale within the Colin Area to show the community that local people can and have went on to achieve a tremendous amount be it academically, within their workplace, or personal achievements. I would urge anyone who feels that they or someone that they know deserves to be recognised within the community to come forward and contact me so that they can give hope and inspiration to others who have the ambition to follow in their footsteps”.

## Christmas In Upper Dunmurry Lane

The Credenhill, Netherlands, and Forest Park Residents Association held their annual Christmas tree light switch on outside Our Lady Queen of Peace Parish church on Saturday 2<sup>nd</sup> December.

The Christmas lights were turned on by Frank Mitchell (UTV).

After the main event the local choir and folk group sang carols at the tree, followed by a street procession through the area during which local old age pensioners were visited in their homes and given a Christmas gift.

The children had the opportunity to visit Santa's grotto along with the Elves to receive a selection box, meanwhile parents were invited to visit stalls to receive hot mulled wine, mince pies, soft drinks, etc. This was a fun filled night for all the family to get everyone into the festive mood.

The CFN residents association would like to thank Lisburn City Council and Fr. Brendan Hickland for their support in organizing this event.

## Aspiring DJs meet DJ Fergie

Two young people from the Saints Youth Centre in Twinbrook took up an opportunity to take part in a DJ Masterclass by Keymix DJ's

Cassandra Campbell and Martin McCrystal, two local DJ's who reside in the Saints Disco every Friday night were given their first DJ masterclass by Radio One DJ Fergie at the event.

The event was held in N.I.C.V.A. in Duncairn Gardens and provided an excellent opportunity for the two aspiring DJ's to meet with Professional and other promising DJ's from around the country and to learn DJ skills such as mixing, scratching and networking.



# HOME ACCIDENT PREVENTION AND COMMUNITY SAFETY

On 1<sup>st</sup> December the Colin Neighbourhood Partnership held a Community Safety Day in the Dairy Farm Centre. The essential services were present highlighting how our community can best prevent accidents and possible fatalities by carrying out basic home safety checks.

Many local groups including footprints Women's Centre, Colin 50+ Forum, Domestic Violence Forum etc provided information stalls on the day on how community safety impacts on their role within the Colin community.

During the event mulled wine and mince pies were given out and the Colin Glen Trust provided a Christmas arts and crafts workshop for children and their parents using materials collected from the Forest Park such as holly, ivy and ferns.

Accidents in the home are common place however many of these are preventable. Here are some 'do's' and 'don'ts' that could help reduce the chance of them occurring.

## Bedroom

- Do check that cables aren't frayed
- Don't leave clothes lying on the floor
- Don't smoke in bed
- Don't leave electric blankets on overnight

## Carbon Monoxide

- Do have gas appliances serviced annually
- Do make sure chimneys are swept regularly
- Don't block ventilators

## Living Room

- Do use a fireguard
- Don't put plants or flowers on the television
- Don't have mirrors above fires
- Don't leave cups where they can be knocked over

## Bathroom

- Do put cold water into bath first
- Do use grab handles when required
- Don't leave chemicals lying around
- Don't use electrical appliances

## Garden

- Do cover ponds
- Do use a Residual Current Device (RCD) with electrical appliances
- Do be careful with garden chemicals
- Don't leave garden tools lying around

## Hall and Stairs

- Do keep stairs clear of obstructions
- Do have a fitted and working smoke alarm
- Do keep stairs well lit
- Do keep carpets in good condition
- Do fit stair gates for young children

## Kitchen

- Do turn pot handles to the side
- Do wipe up spills immediately
- Do store household cleaners out of reach of young children
- Don't leave cables trailing over worktops
- Don't leave sharp knives lying around

Funded by DSD and Lisburn Health and Social Care Group



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